



# MCBC LADIES RETREAT

Alive in Christ: Body, Mind and Soul

2022  
October 14-16  
Camp Squeah

27815 Trans Canada Hwy  
Hope, BC



Featuring  
Laurel Hildebrandt  
Speaker | Author

## For your information:

- You can register using the form attached or online (see below).
- Payment in full required with registration (see below).
- Post-secondary students encouraged to attend. We provide WiFi and discounts with proof of schooling.
- Retreat or travel bursaries available. Please contact Janette at [admin@mcbc.ca](mailto:admin@mcbc.ca) for application. *Must be received by October 3.*
- Silent auction: You're invited to bring a new bought item, unused homemade item, or home-baking (provide list of ingredients) to raise funds for next year's bursary. Please contact Janette ([admin@mcbc.ca](mailto:admin@mcbc.ca); 604-850-6658) if you have any questions.
- Remember to bring multi-weather clothes, toiletries, towels, bedding, pillow, Bible, notebook, games, money.
- Please do not bring your children.

# Retreat Schedule

## FRIDAY

6:30pm Registration

7:15pm Worship/Intros/Laurel Hildebrandt  
*Testimony/Personal story*

9:00pm Snack & free time

## SATURDAY

8:30am Breakfast

9:30am Mixer/get to know you games

10:00am Worship & Speaker Laurel Hildebrandt  
*Theme: Alive in Christ ~ BODY*

12:30pm Lunch

2:00pm Workshop 1

3:15pm Workshop 2

4:15pm Free Time for remainder of afternoon

5:00pm Dinner

6:00pm Night Hike (bring flashlight and footwear)

7:15pm Worship & Speaker Laurel Hildebrandt  
*Theme: Alive in Christ ~ MIND*

8:30pm Snack, campfire (weather??), visit

## SUNDAY

8:30am Breakfast

10:00am Worship & Speaker Laurel Hildebrandt  
*Theme: Alive in Christ ~ SOUL*

12:30pm Lunch

1:00pm Vacate room; can stay & enjoy the grounds



Ladies' Fall Retreat  
**Registration**

Payment due by  
**October 3**

**Three ways to register and pay:**

1. online at *mcbc.ca/what-we-do/womens-ministry*; pay with credit card, e-transfer, or mail cheque
2. Complete fully the form below, scan, and email to *admin@mcbc.ca*; send e-transfer to *donate@mcbc.ca*
3. Complete fully the form below and mail with your cheque payable to "Mennonite Church BC" ("Women's Retreat 2022" on memo line) to the *MCBC Office, c/o Janette Thiessen, 305-32025 George Ferguson Way, Abbotsford, BC V2T 2K7*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

I am over 65:  Yes |  No

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Church affiliation (if any): \_\_\_\_\_

**Registration Fees payable by October 3\*** (check your preference):

*Note: Fees reduced nearly 40% thanks to funds received from Mennonite Women Canada!*

**Full Weekend** (3 options):

- Fraser or Emory Lodge \$125
- Main Lodge \$110
- Cabin (Oak/Elm/Lupine) \$100

**Partial:**  Friday & Saturday \$75 **OR**  Saturday & Sunday \$75  
 Saturday Only \$45 |  Sunday Only \$25

**\*Registrations received after October 3 will pay an extra \$35.**

**I am okay with sharing a queen bed:**  Yes |  No

*If you would like to pre-book a cabin/room for your group, send all your registrations in together. If space allows, we will book you as requested. Requests of one person per room won't be accepted. Priority for ground level rooms will be given to persons with disabilities or those over the age of 65.*

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*Registration continued...*

**I have concerns about** (*check all that apply*):

walking distance |  stairs |  I need wheelchair access

**I request a bursary for retreat or travel** (obtain an application from Janette at admin@mcbbc.ca. Completed applications must be received by October 3.

**Is this your first time at the MCBC Ladies' Retreat?**  Yes |  No

**Please list any allergies/dietary concerns:**

**Comments or Special Requests:**

**Workshop Pre-registration** (*please check two*):

Archery |  "Paint Nite" guided painting |  Card Making |  Hike

I'm interested in the night hike

Other suggestions: \_\_\_\_\_

**Permission:**

I agree that MCBC Women's Ministry may use photos taken of me at this event for future, lawful purposes such as public advertising, illustration, and web content.

**Cancellation policy:** If unable to attend, registrant will receive a refund (less a \$70 administration fee) provided notification is received at least two weeks prior to the retreat. We regret, barring mishap or illness, NO refunds will be issued after this time.

**Signature** \_\_\_\_\_