



## MCBC LADIES RETREAT

October 20-22, 2023

at Camp Squeah,

27815 Trans Canada Highway,  
Hope, BC

Registration: [www.mcbbc.ca](http://www.mcbbc.ca)



### Featuring Speaker, Bonnie Esau

busy wife and mom of 4, Interior Designer, Speaker and former Missionary to Thailand. Bonnie is passionate about inspiring others to discover how to be Planted where God has put us, be Rooted in God's Word, and Growing in His will.

Registration—Due by October 5, 2023

## FOR YOUR INFORMATION:

- Register using the form attached or online (see below)
- Payment in full needs to accompany registration
- Post-Secondary Students are encouraged to attend. We provide WIFI & discounts with proof of schooling
- Retreat or Travel Bursaries available upon request or recommendation, Please contact Janette at admin@mcabc.ca for application. Must be received by October 5, 2023
- Remember to bring multi-weather clothes, toiletries, towels, bedding, pillow, Bible, notebook, games, money. for fundraisers (optional)
- Silent Auction: You're invited to bring a new purchased item, unused homemade item, or home-baking (provide list of ingredients) to raise funds for next year's bursary. Please contact Janette Thiessen (admin@mcabc.ca; 604-850-6658) if you have any questions.
- Please do not bring your children (unless they are young ladies attending the Retreat )

# Retreat Schedule

## Friday

- 6:00pm Registration
- 7:00pm Introductions/Get-to-know-you games, Worship, Lisa Dyck  
Testimony & Spkr, Bonnie Esau--Testimony/Personal Story
- 8:30pm Snack and free time

## Saturday

- 8:30am Breakfast
- 9:20am Worship & Speaker Bonnie Esau- *Theme: PLANTED*
- 10:20am Group Photo
- 10:35am Guest speaker talk on plant knowledge, uses and history  
Including a nature walk
- 11:35am Free time
- 12:30am Lunch
- 1:45pm Workshop 1 (break at 2:45 to move to next workshop)
- 3:00pm Workshop 2
- 4:00pm Free Time for remainder of afternoon
- 5:30pm Dinner
- 6:00pm Night Hike (weather & interest permitting); bring good  
hiking footwear and flashlight (not cell ph)
- 7:15pm Worship & Speaker Bonnie Esau  
*Theme: ROOTED*
- 8:30pm Snack, campfire (weather ??), visiting

## Sunday

- 8:30am Breakfast
- 10:00am Worship, Planting exercise outside, Speaker Bonnie Esau  
*Theme: GROWING*
- 12:30pm Lunch
- 1:00pm Vacate Room; can stay & enjoy the grounds

## Ladies' Fall Retreat REGISTRATION — Payment due by October 5. 2023

Three ways to register and pay:

1. Online at [www.mcbbc.ca/what-we-do/women's-ministry](http://www.mcbbc.ca/what-we-do/women's-ministry); pay with credit card, e-transfer or mail cheque
2. Print/complete the form in full, scan/email to [admin@mcbbc.ca](mailto:admin@mcbbc.ca); send e-transfer to [donate@mcbbc.ca](mailto:donate@mcbbc.ca), mark retreat in comments
3. Print and complete the form below in full, mail to Mennonite Church BC, #305-32025 George Ferguson Way, Abbotsford, BC V2T 2K7. Payment may be made by credit card/cash/cheque or e-transfer.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

I am over 65: ☐ YES / ☐ NO

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Church Affiliations (*if any*): \_\_\_\_\_

Registration Fees payable by October 5\* (Check your preference):

Note: Fees reduced nearly \_\_\_\_\_ % thanks to funds from Mennonite Women Canada

**What part of the Retreat will you attend (Please check or X the box that applies)**

**Full Weekend (3 options):**

☐ Fraser or Emory \$180

☐ Main Lodge \$165

☐ Cabin (Oak/Elm/Lupine) \$165

**Partial:** ☐ Friday & Saturday \$120 **OR** ☐ Saturday & Sunday \$145

☐ Saturday Only \$100 / ☐ Sunday Only \$55

\*Registrations received after October 5 will pay an extra \$35

**I am ok with sharing a queen bed:** ☐ YES / ☐ NO

If you would like to pre-book a cabin/room for your group, send all your registrations in together and list names in comments. If space allows, we will book you as requested. Requests of one person per room won't be accepted. Priority for ground level rooms will be given to persons with disabilities or those over the age of 65. Retreat Committee reserves the privilege of assigning rooms.

Continued on next page.....

Registration continued....

**Will you require linen service? (Emory/Fraser Lodges only)** ☐ Yes or ☐ No

**I have concerns about (Circle all that apply): Distance / Stairs / I need Wheelchair Access**

**Is this your first time at the MCBC Ladies Retreat?** ☐ Yes or ☐ No

**Please list any allergies/dietary concerns:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

☐ I request a Retreat/Travel Bursary (To obtain an application please contact Janette Thiessen at admin@mcbc.ca  
Completed applications must be received by Oct. 5, 2023)

**Comments or Special Requests (do you wish to room with a specific person, list them here:**

\_\_\_\_\_

\_\_\_\_\_

**WORKSHOP PRE-REGISTRATION: (Please circle two)**

**Archery / Card Making / Hike / Stencilled picture /**

☐ I'm interested in a night hike

**Other workshop suggestions:** \_\_\_\_\_

*(Feel free to give suggestions on workshops you think should be offered or if you have an idea for a workshop that you would like to lead at future retreats)*

I AGREE that MCBC Women's Ministry may use photos taken of me at this event for future, lawful purposes such as public advertising, illustration and web content.

Cancellation Policy—If unable to attend, registrant will receive a refund, less a \$70.00 administration fee, provided notification is received two weeks prior to the event. We regret, barring mishap or illness, NO refunds will be issued after this time.

**\*Registration received after October 5, 2023 will pay an additional \$35.**

**Signature:** \_\_\_\_\_