

Retreat Schedule

FOR YOUR INFORMATION:

- Register using the form attached or online (see below)
- Payment in full needs to accompany registration
- Post-Secondary Students are encouraged to attend. We provide WIFI & discounts with proof of schooling
- Retreat or Travel Bursaries available upon request or recommendation, Please contact Janette at admin@mcbc.ca for application. Must be received by October 5, 2023
- Remember to bring multi-weather clothes, toiletries, towels, bedding, pillow, Bible, notebook, games, money. for fundraisers (optional)
- Silent Auction: You're invited to bring a new purchased item, unused homemade item, or home-baking (provide list of ingredients) to raise funds for next year's bursary. Please contact Janette Thiessen (admin@mcbc.ca; 604-850-6658) if you have any questions.
- Please do not bring your children (unless they are young ladies attending the Retreat)

Friday

- 6:00pm Registration
- 7:00pm Introductions/Get-to-know-you games, Worship, Lisa Dyck
Testimony & Spkr, Bonnie Esau--Testimony/Personal Story
- 8:30pm Snack and free time

Saturday

- 8:30am Breakfast
- 9:20am Worship & Speaker Bonnie Esau- *Theme: PLANTED*
- 10:20am Group Photo
- 10:35am Guest speaker talk on plant knowledge, uses and history
Including a nature walk
- 11:35am Free time
- 12:30am Lunch
- 1:45pm Workshop 1 (break at 2:45 to move to next workshop)
- 3:00pm Workshop 2
- 4:00pm Free Time for remainder of afternoon
- 5:30pm Dinner
- 6:00pm Night Hike (weather & interest permitting); bring good
hiking footwear and flashlight (not cell ph)
- 7:15pm Worship & Speaker Bonnie Esau
Theme: ROOTED
- 8:30pm Snack, campfire (weather ??), visiting

Sunday

- 8:30am Breakfast
- 10:00am Worship, Planting exercise outside, Speaker Bonnie Esau
Theme: GROWING
- 12:30pm Lunch
- 1:00pm Vacate Room; can stay & enjoy the grounds